



SESPRS

41st Annual Atlanta Breast Surgery Symposium



Atlanta, Georgia
Intercontinental Hotel
January 30 - February 1, 2026



SYMPOSIUM CHAIRS

Program Chair

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Emory University, Atlanta, Georgia

Program Co-Chairs

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Steven Teitelbaum, MD
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UCLA School of Medicine
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Bruce W. Van Natta, MD
Carmel, Indiana

Kamakshi R. Zeidler, MD
Campbell, California

Michael R. Zenn, MD, MBA
Raleigh, North Carolina



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The Southeastern Society of Plastic and Reconstructive Surgeons (SESPRS)



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Program Objectives:

At the completion of this CME activity, registrants will be able to:

- Identify and review autologous breast reconstruction techniques,
- Review prosthetic based breast reconstruction techniques for breast implant reconstruction,
- Identify techniques in challenging breast reconstruction surgery to enhance outcomes,
- Review the most up to date data related to breast implant safety,
- Discuss strategies in revisional aesthetic and reconstructive breast surgery,
- Improve the strategies in management of breast augmentation and mastopexy to maximize results and minimize complications,
- Discuss breast reduction surgery to prevent complications and optimize patient outcomes,
- Identify and discuss hot topics in breast surgery.

The 2026 Honorary Hartrampf Lecture

Lynn Jeffers, MD – "Leading with Purpose"

The 2026 International Scholars Program

The Southeastern Society of Plastic and Reconstructive Surgeons provides funding to different countries each year to sponsor the travel and registration expenses to the top Plastic Surgery Chief Residents in that country. This Southeastern honor provides them with a unique international educational outreach. The 2026 International Scholars are invited from Israel.

The Online 2026 Breast Surgery Symposium

The symposium is offered in its entirety via on-line streaming video of the live surgery as well as the lectures to be viewed from the location of your choice. Only one login per user on one device at a time is permitted. Live questions can be received from around the world to Atlanta for immediate answers from the faculty direct to you over the Internet. The entire event is archived for three months following the live meeting and may be reviewed during that time, if purchased on-line. CME credit is available for registered on-line attendees who view the meeting LIVE. For more information contact: srussell@sesprs.org

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society of Plastic Surgeons (ASPS) and the Southeastern Society of Plastic and Reconstructive Surgeons (SESPRS). The ASPS is accredited by the ACCME to provide continuing medical education for physicians.

Designation

The American Society of Plastic Surgeons (ASPS) designates this live activity for a maximum of **19 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the **19** credits, **1.25** have been identified as applicable to patient safety. ▲



THURSDAY, JANUARY 29, 2026

5:00–6:30 pm **Early Registration**
Intercontinental Hotel *Windsor Ballroom Foyer*

FRIDAY, JANUARY 30, 2026

7:00–8:00 am **Registration**
Continental Breakfast/Visit Exhibits *Windsor Ballroom Foyer*

8:00 am **SESPRS WELCOME**
Galen Perdikis, MD, President SESPRS

8:00–12:00 pm **LIVE SURGERY TELECAST**
Moderators – Losken/Garcia-Nores *Windsor Ballroom*

Room 1 **Northside Hospital**
Observers – Stillaert, Mehrara

8:00 am **Haddock – Free Profunda Artery Perforator (PAP) flap**

Room 2 **Northside Hospital**
Observers – Van Natta, Calobrace

8:00 am **Zeidler – Preservation Breast Augmentation with Implants and Fat Grafting**

10:00 am **LeBlanc – Secondary Breast Reconstruction with Site Change: Soft Tissue Support and Fat Grafting**

Video Presentations (5 minutes each)
Stillaert – Lumbar Artery Perforator Flap
Calobrace – Creating the Subfascial Pocket
Mehrara – Immediate Lymphatic Reconstruction Simplified

Live Surgery Generously Supported by Northside Hospital

12:00–1:00 pm **Lunch** *Hope & Trippe Ballrooms*

1:00 pm **Opening Remarks**
Albert Losken, MD *Windsor Ballroom*



1:00–2:00 pm

AUTOLOGOUS BREAST RECONSTRUCTION*Windsor Ballroom*

Moderator – Mirzabeigi

1:00–1:10 pm

Anolik – Improving the Aesthetic Outcome in Autologous Breast Reconstruction

1:10–1:20 pm

Barnavon – How I use the Muscle Sparing Latissimus Dorsi Myocutaneous Flap in My Practice

1:20–1:30 pm

Mehrara – How to Avoid Breast Free Flap Thrombosis and What to do When it Happens ▲

1:30–1:40 pm

Sanchez – Management of the Abdominal Donor Site following DIEP Flap Reconstruction

1:40–1:50 pm

Stillaert – Aesthetic Considerations in Autologous Breast Reconstruction: From Umbilicus to Nipple.

1:50–2:00 pm

Garcia-Nores – Autologous Reconstruction in Obese and Massive Weight Loss Patients

2:00–2:15 pm

Discussion

2:15–2:45 pm

HONORARY HARTRAMPF LECTURE

Introduction – Losken

Lynn Jeffers, MD – Leading with Purpose

2:45–3:15 pm

Coffee Break/Visit Exhibits*Windsor Ballroom Foyer*

3:15–4:30 pm

PROSTHETIC BASED BREAST RECONSTRUCTION*Windsor Ballroom*

Moderator – Losken

3:15–3:25 pm

LeBlanc – Aesthetic Principles in Direct to Implant Reconstruction

3:25–3:35 pm

Barnea – Risks and Benefits of ADM in Breast Reconstruction ▲

3:35–3:45 pm

Kelishadi – Dual Plane Versus Pre-pectoral Implant Based Breast Reconstruction

3:45–3:55 pm

Stillaert – The Hybrid Approach Using Fat Grafting and Implants in Breast Reconstruction

3:55–4:05 pm

Zenn – The Benefits of a Staged Immediate Approach



4:05-4:15 pm	VIDEO PRESENTATIONS (3-5 minutes each)
	Mirzabeigi – Autoderm Flap and Tissue Expander Breast Reconstruction
	Mathes – Direct to Implant with Complete Wrap for Tissue Support
4:15-4:30 pm	Discussion
4:30-6:00 pm	CHALLENGING RECONSTRUCTION Moderator – Namnoun
Windsor Ballroom	
4:30-4:40 pm	Mathes – Improving Shape using Autologous Tissue in Irradiated Patients
4:40-4:50 pm	Losken – Safe Implant Reconstruction in Obese Patients ▲
4:50-5:00 pm	Haddock – Alternative Flaps for Breast Reconstruction
5:00-5:10 pm	Pannucci – Previsor Prehabilitation: Optimizing Nipple Position and Blood Clot Risk
5:10-5:20 pm	Clemens – A Strategic Guide to Broaden the Indications for Direct to Implant Reconstruction in the Non-Ideal Patient
5:20-5:30 pm	Sanchez – Using Enzymes in Breast Surgery to Reduce Complications and Improve Outcomes ▲
5:30-5:42 pm	VIDEO PRESENTATIONS (3-5 minutes each)
	Pannucci– LICAP Flap for Lateral Breast Defects
	Sanchez – TULVA Technique in DIEP Flap Reconstruction
5:42-6:00 pm	Discussion
6:30-7:30 pm	Reception
Venetian Ballroom	





SATURDAY, JANUARY 31, 2026

7:00–8:00 am	Rise and Shine Coffee Bar	<i>Windsor Ballroom Foyer</i>
7:00–8:10 am	NEW APPROACHES IN BREAST SURGERY - NON CME Moderator – Losken, Alderman	<i>Windsor Ballroom</i>
7:00–7:10 am	Glicksman – Motiva 5 year Clinical Trial Data	
7:10–7:20 am	Teitelbaum – Use of Sylke in Breast Surgery	
7:20–7:30 am	Calobrace – Understanding Fat-in-a-syringe and How it Fits into My Practice	
7:30–7:40 am	Kelishadi – Mesh for Support Inside and Outside the Pocket	
7:40–7:50 am	Hammond – Aesthetic Two Staged Breast Reconstruction	
7:50–8:10 am	Discussion	
8:10–8:50 am	Continental Breakfast/Visit Exhibits	<i>Windsor Ballroom Foyer</i>
8:50–10:00 am	BREAST CONTROVERSIES PANEL Moderator – Alderman	<i>Windsor Ballroom</i>
8:50–9:00 am	Alderman – Opioid-Free Pain Relief in Breast Surgery: Improving Outcomes and Safety ▲	
9:00–9:10 am	Glicksman – Somatic Symptoms Associated with Breast Implants (SSBI) – Beliefs and Emotions Study ▲	
9:10–9:20 am	Barnea – Our Experience with Diagnosing and Managing BIA-ALCL ▲	
9:20–9:30 am	Mirzabeigi – Revisiting Textured Implants in Breast Reconstruction	
9:30–9:40 am	Pannuci – Anticoagulation in Aesthetic and Reconstructive Breast Surgery: Who, When and Why? ▲	
9:40–9:50 am	Strock – How to Avoid Animation in Dual Plane Breast Augmentation	
9:50–10:00 am	Discussion	

10:00–11:10 am	BREAST AUGMENTATION AND MASTOPEXY Moderator – Namnoun	<i>Windsor Ballroom</i>
10:00–10:10 am	Strock – Are the Newer Implants Actually Better? An Evidence and Experience Based Perspective	
10:10–10:20 am	Teitelbaum – The Trend to Prepectoral Breast Augmentation: Should You Jump On the Bandwagon?	
10:20–10:30 am	Zeidler – Preservation Breast Augmentation	
10:30–10:40 am	Glicksman – Planning a Breast Augmentation: Incision Location, Pocket Dissection and Implant Selection	
10:40–10:50 am	Zeidler – Natural Breast Augmentation – Balancing Autologous and Off the Shelf Fat	
10:50–11:00 am	Zenn – Hybrid Breast Augmentation Using Implants and Fat Grafting	
11:00–11:10 am	Discussion	
11:10–12:00 pm	REVISION BREAST SURGERY Moderator – Losken	<i>Windsor Ballroom</i>
11:10–11:20 am	LeBlanc – Explantation Mastopexy: Pearls and Pitfalls	
11:20–11:30 am	Barnavon – Explantation and Augmentation with Intercostal Perforator Flaps and Fat Grafting	
11:30–11:40 am	Sanchez – Emerging Trends and My Approach to Implant Explantation	
11:40–11:50 am	Hammond – The Use of Pocket Change in Revisional Breast Surgery	
11:50–12:00 pm	Discussion	
12:00–1:00 pm	Lunch	<i>Hope & Trippe Ballrooms</i>
	JOHN BOSTWICK RESIDENT PAPER AWARD Moderator: Losken	<i>Windsor Ballroom</i>
1:00–1:15 pm	INTERNATIONAL SCHOLARS' AWARDS - ISRAEL Moderator: Losken Orel Govrin, MD – Tel Aviv, Israel Roei Singolda, MD – Tel Aviv, Israel	



1:15–1:45 pm

BREAST REDUCTION MARKINGS: HOW I MARK THE NIPPLEVideo Markings: **Zeidler, Namnoun, Alderman, Barnea**

1:45–3:00 pm

BREAST RESHAPING TECHNIQUES

Moderator – Mirzabeigi

Windsor Ballroom

1:45–1:55 pm

Calobrace – Don't be Afraid of the Periareolar Mastopexy – Just Master It

1:55–2:05 pm

Van Natta – Avoiding the Wise Pattern in Mastopexy/Augmentation

2:05–2:15 pm

Hammond – Secondary Breast Reduction Techniques

2:15–2:25 pm

Teitelbaum – Revisiting the Concept of Breast Reduction by Liposuction

2:25–2:35 pm

Barnea – Modified Superomedial Breast Reduction

2:35–2:45 pm

Van Natta – Treatment of the Massive Weight Loss Breast

2:45–3:00 pm

Discussion

3:00–3:30 pm

Coffee Break/Visit Exhibits*Windsor Ballroom Foyer*

3:30–4:30 pm

VIDEO PRESENTATIONS (5 minutes each)

Moderator – Alderman

*Windsor Ballroom***Strock – Tape Stabilization of the Inframammary Fold****Calobrace – Locking Down the IMF when Using Mesh****Garcia – Scaffold Assisted Central Mound Technique for Revision Mastopexy/Reduction****LeBlanc – Tidy Way to Removal Ruptured Implants****Hammond – Autoaugmentation LIFT Procedure in Mastopexy****Kelishadi – Hybrid Suture Technique for Mesh Stabilization**

4:30–5:45 pm

BREAST IMPLANT PROBLEMS PANEL

Moderator – Losken

Windsor Ballroom

4:30–4:40 pm

Garcia – ADM versus Synthetic Mesh in Breast Reconstruction

4:40–4:50 pm

Mehrara – Salvage of the Infected Tissue Expander

4:50–5:00 pm	Clemens – Capsular Contracture Revisited: Beyond Biofilm and Bad Luck
5:00–5:10 pm	Kelishadi – Different Levels of Synmastia Repair
5:10–5:20 pm	Van Natta – Lessons Learned from over 1000 cases of Mesh in Breast Surgery
5:20–5:30 pm	Namnoun – Controlling the Lower Pole of the Breast with Reverse Abdominoplasty
5:30–5:45 pm	Discussion

SUNDAY, FEBRUARY 1, 2026

7:30–8:30 am	Continental Breakfast/Visit Exhibits	<i>Windsor Ballroom Foyer</i>
8:00–9:05 am	RECONSTRUCTIVE BREAST SURGERY Moderator – Losken	<i>Windsor Ballroom</i>
8:00–8:10 am	Anolik – Efficiency in Breast Reconstruction	
8:10–8:20 am	Mathes – Thigh Based Flaps in the Low BMI Patient	
8:20–8:30 am	Barnea – Is There a Role for Implants in Breast Conserving Surgery?	
8:30–8:40 am	Pannucci – Parenchymal Re-arrangement Oncoplastic Surgery	
8:40–8:50 am	Discussion	
8:50–9:30 am	HOT TOPICS IN BREAST SURGERY Moderator – Alderman	<i>Windsor Ballroom</i>
8:50–9:00 am	Garcia Nores – TXA in Breast Reconstruction: A Review of the Data	
9:00–9:10 am	Van Natta – Fat Grafting to Correct the Tuberous Breast	
9:10–9:20 am	Haddock – Breast Reconstruction following Robotic Nipple Sparing Mastectomy	
9:20–9:30 am	Discussion	
9:30–10:00 am	Coffee Break/Visit Exhibits	<i>Windsor Ballroom Foyer</i>



**CASE REPORTS: HOW I HANDLED A
COMPLICATION IN BREAST SURGERY**

10:00–10:45 am

Moderator – Losken
Panel Members – Mehrara, LeBlanc, Haddock,
Mathes

Windsor Ballroom

INTERACTIVE PANEL AND CASE PRESENTATION

10:45–11:30 am

Moderator – Alderman
Panel Members – Zeidler, Strock, Teitelbaum

Windsor Ballroom

**AUGMENTATION MASTOPEXY CASE
PRESENTATION PANEL**

11:30–12:15 pm

Moderator – Namnoun
Panel Members – Van Natta, Hammond, Calobrace,
Sanchez

Windsor Ballroom

12:15 pm

Meeting Adjourns



2026 BREAST SURGERY SYMPOSIUM REGISTRATION

Special Needs

Any special needs or challenged requests should be submitted to the SESPRS office by November 15, 2025.

Registration fees and cancellation policy

Resident registration fees are complimentary with a letter submitted with their registration from their plastic surgery program director. Physicians in their first and second year after residency are eligible for the New Physician rate. Physicians who have more than two years of practice and are not members of SESPRS/ASPS/ASAPS/ISAPS are eligible for Guest Physician rates.

The registration fee for a spouse/companion includes admittance to meals and social functions. Spouses/companions wishing to attend the symposium presentations must register under the "Office Personnel or Nurse" category.

Please register early. Full refunds minus a \$50 processing fee will be considered if written notice of cancellation is received by October 15, 2025. No refunds will be given after October 15, 2025.

Reservations

Intercontinental Hotel (located in the heart of Buckhead)

3315 Peachtree Road, NE

Atlanta, GA 30326

404-946-9000

Room rates are \$312 per night, single or double occupancy. Reservations must be received by January 07, 2026, for this rate to be honored.

There is NO GUARANTEE that rooms will be available up to the deadline date, and there is no guarantee that rooms will be available at this rate. Rates quoted here are on a space-available basis only. Once our block of rooms is sold out, which may be earlier than January 08, 2026, there is no guarantee that rooms will be available at this rate. Visit our website [sesprs.org](http://www.sesprs.org) to make on-line hotel reservations. Click on this meeting on our site for more information: www.sesprs.org

Online Registration

Online registration is available at www.sesprs.org. If you have any questions, please call (435) 901-2544 or visit our website at www.sesprs.org.

View Meeting from the comfort of your Home Online – Available for Breast Symposium Only. \$1150 (Early Brid Rate) \$1350 after, for the entire three-day event.



REGISTRATION FORM

ONLINE REGISTRATION

Online registration is available at www.sesprs.org. If you have any questions please call (435) 901-2544 or visit the website.

View the meeting via online streaming - watch for more details.

REGISTRATION

Please fill out and mail this form to **SESPRS, 1931 Cordova Road, #229, Ft. Lauderdale, FL 33316** or fax to **(435) 429-6600**. A confirmation notice will be sent by e-mail to each registrant upon receipt of their registration.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Fax: _____

Email: _____

ASPS Member ID No: _____

Please check the appropriate response:

	Before 10/15	After 10/15
SESPRS Member	<input type="checkbox"/> \$1150	<input type="checkbox"/> \$1250
ASPS/ASAPS Member	<input type="checkbox"/> \$1450	<input type="checkbox"/> \$1550
Guest Physicians (<i>non SESPRS, ASPS, ASAPS Member</i>)	<input type="checkbox"/> \$1550	<input type="checkbox"/> \$1650
Guest Physician Less Than 2 Years in Practice	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1000
Resident/Fellows <i>Letter From Plastic Surgery Program Director required in advance</i>	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150
RN, NP, PA, or Office Personnel	<input type="checkbox"/> \$800	<input type="checkbox"/> \$900
Medical Student	<input type="checkbox"/> \$100	<input type="checkbox"/> \$125
Spouse/Companion (<i>Socials Only</i>)	<input type="checkbox"/> \$200	<input type="checkbox"/> \$300

List Spouse/Guest name if applicable: _____

TOTAL AMOUNT ENCLOSED: \$ _____

Method of Payment: ☐ Check (US Funds Only) ☐ MasterCard ☐ Visa ☐ AMEX

Card Number: _____ Security Code: _____

Expiration Date: _____

Signature: _____

If paying by credit card, please complete this registration form and fax or mail. If paying by check, please include a check in U.S. funds payable to: **Southeastern Society of Plastic and Reconstructive Surgeons (SESPRS)**.

If paying by mail, please send to: **SESPRS 1931 Cordova Road, #229, Ft. Lauderdale, FL 33316**.

Streaming Event Registration MUST be completed on-line. Visit our website for details: www.sesprs.org

NOTE: CME Available Only if Watched LIVE

Full refunds minus a \$50 processing fee will be considered if written notice of cancellation is received by October 15, 2025. No refunds will be given after October 15, 2025.